

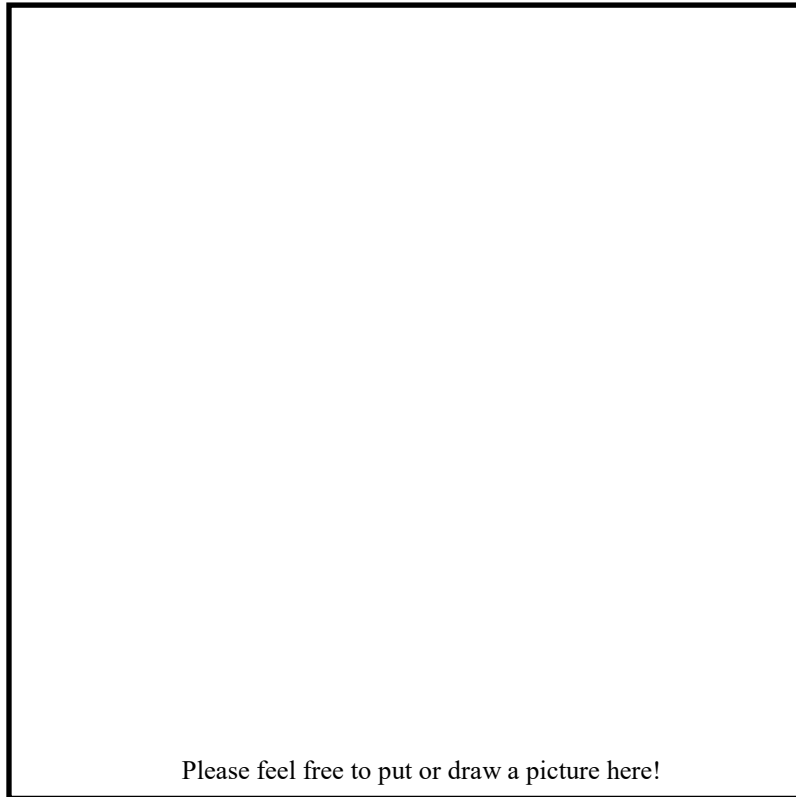
Dear Parents and Guardians,

As we get to know you and your child this year, this information will be very helpful! Please fill this out with your son or daughter and return it to the Down Syndrome Guild Office or via email to info@kcdsg.org. We can't wait to work with you!

Sincerely,

Down Syndrome Guild of Greater Kansas City Staff

ALL ABOUT ME



This booklet was designed by the Down Syndrome Guild of Greater Kansas City to help you welcome your new student. If you need additional resources on Down syndrome please contact us.

Down Syndrome Guild of Greater Kansas City | 5960 Dearborn Street Ste. 100 | Mission, KS 66202
913-384-4848 | www.kcdsg.org | info@kcdsg.org



HERE IS MY FAMILY



Today's Date:

My name is: _____

My Mom's name is: _____

My Dad's name is: _____

I have _____ Brother(s) Their names are: _____

I have _____ Sister(s) Their names are: _____

I am _____ years old.

My birthday is _____

We have a pet: _____ My pet's name is: _____

Other family, friends or people that I want you to know about are:

INTERESTING FACTS ABOUT ME!



My favorite activity is: _____

My favorite color is: _____

When I go outside, I like to: _____

My favorite hobby and other activities are:

Three things that really motivate me are:

When I grow up I want to:

HEALTH CONSIDERATIONS



Here are some things you may need to know about my health:

Allergies:

Current Medication (s):

I wear glasses: Yes No I wear hearing aides: Yes No

When I am not feeling well I might:

Other things you need to know about my health:

MY FEELINGS



Things that make me feel happy:

Things that might upset me:

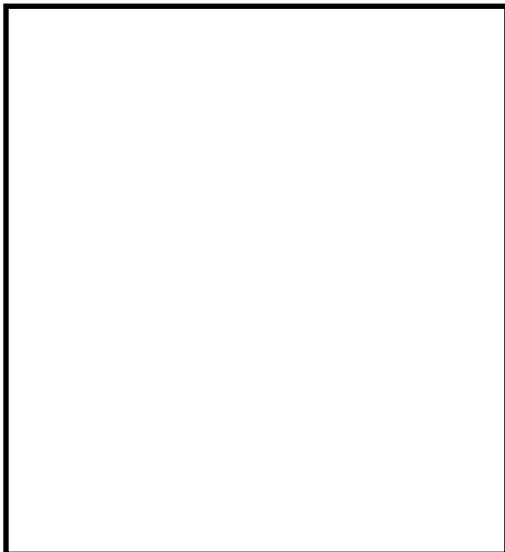
It's hard for me to:

Things I may be afraid of:

PLACES I LIKE TO GO



Here are some places that I like to go:



My favorite vacation was when my family went to:

My favorite places to go in my neighborhood are:

COMMUNICATION



Here are some things you may need to know about how I communicate:

If I am frustrated I might:

To help when I am frustrated, my family recommends:

LOOK WHAT I CAN DO!



Here are some things I do to help around the house:

Here is a list of things I do in the community on a regular basis:

Here are some things I can do if someone helps me:

MYTHS AND TRUTHS

Myth: Down syndrome is a rare genetic disorder.

Truth: Down syndrome is the most commonly occurring genetic condition. One in every 800 births is a child with Down syndrome. There are currently 250,000 people in the U.S. with Down syndrome, with 5,000 births per year.

Myth: Most children with Down syndrome are born to older parents.

Truth: Eighty percent of children born with Down syndrome are born to women younger than age 35 due to higher fertility rates. However, research has shown a link between the incidence of Down syndrome and maternal age.

Myth: Down syndrome is hereditary and runs in families.

Truth: Most cases of Down syndrome are sporadic, chance events. In general, Down syndrome does not run in families and a sibling or aunt has no greater chance of conceiving a child with Down syndrome.

Myth: People with Down syndrome have severe cognitive delays.

Truth: Most people with Down syndrome have cognitive delays that are mild to moderate. IQ is not an adequate measure of the functional status of people with Down syndrome. People with Down syndrome have great potential if given opportunities.

Myth: The life expectancy of people with Down syndrome is 30.

Truth: Thanks to advances in medical and clinical treatment and opportunities to thrive, as many as 80 percent of adults with Down syndrome reach age 55, and many live longer.

Myth: Behavior problems and depression are just part of having Down syndrome.

Truth: Often, medical or mental health problems go untreated due to the assumption that it is typical of having this genetic condition. Complete examinations by appropriate health care professionals should always be pursued.

Myth: Children with Down syndrome are placed in segregated special education programs.

Truth: Children with Down syndrome are included in regular academic classrooms across the country. Students may be integrated into specific courses or fully included in the regular classroom for all subjects.

Myth: Adults with Down syndrome may be unable to work.

Truth: Businesses seek young adults with Down syndrome for a variety of positions. They are employed by banks, corporations, nursing homes, hotels and restaurants. They work in the music and entertainment industry. People with Down syndrome bring to their jobs enthusiasm, reliability and dedication.